

FORT SASKATCHEWAN RINGETTE

REGISTRATION GUIDELINES for INTRODUCTION TO RINGETTE and U9 DIVISION

<u>Birth Year</u>	<u>Skill Set</u>	<u>Register in</u>
July 2007-Dec. 2007	All Skill Levels	Can Skate is Recommended
Jan 2007-June 2007	All Skill Levels	Intro to Ringette
2006	No Ringette experience	Intro to Ringette
	Basic – No Skating skills	Intro to Ringette
2006	Advanced skill set	U9
	Understands game concepts	
	High level of physical literacy	
2005	New to sport	Intro to Ringette
	No full skating stride	
2005	Basic skating stride	U9
	Moderate physical literacy	
	Returning U9 players	
2004	All skill levels	U9
<u>Intro to Ringette Details</u>		<u>U9 Details</u>
<ul style="list-style-type: none"> • 1 session per week at the same time for 20 weeks • No travel required • Fundamental skills: Focus: Skating, passing, checking and Shooting • Low player:coach ratio • 1-2 Jamborees (tournaments) as available • \$200 registration fee plus 5 participation hours and Grey Cup ticket sales as outlined in REGISTRATION LETTER available at www.fortsaskringette.com 		<ul style="list-style-type: none"> • 2 ice times per week power skating and travel throughout zone 5 • One practice and one game per week • Full ice games • Black Gold League rules with coaches on ice initially. • Play in BGL (16 games) • Tournaments and team fees as agreed upon by the team(1-2 recommended) • Registration and additional fees plus 10 volunteer hours as outlined in REGISTRATION LETTER available at www.fortsaskringette.com

For further info please contact REGISTRAR Tammy Kitura at tkitura@shaw.ca or 780-998-0398